



Gender Identity & Expression Training



Course Aim

This course aims to introduce delegates to gender identity and expression. It looks at how gender identity is separate to a person's biological sex, what is meant by the gender spectrum and what does it mean to be trans, non-binary or gender fluid. The course also looks at gender expression and the use of language surrounding this including pronouns. The course aims to provide simple ways that delegates can show their support for the trans community.



Agenda

The course covers the following topics:

- Gender Identity
- Gender Expression

The course will look at how gender can vary between different people and what terminology means. It will also cover various forms of gender expression, pronouns and what it means to be an ally.



Who Should Attend?

Suitable for all delegates across business levels to provide a basic understanding of Gender Identity and Expression.



Course Duration

This is a 10 minute course.



Certification

Delegates will receive a HSS printable certificate in Gender Identity & Expression upon completion of the course.

This course is approved and accredited by CPD.



Further Study

- » Communication Skills Training
- » Confidence Building Training
- » Equality, Diversity & Inclusion
- » Resilience Training

